.

Pizza Bufalina 500 gr

Blat 270 gr, sos de rosii 100 gr, mozzarella bufala 125 gr, rossi cherry 25 gr, busuioc

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 2564
* K cal 641
* Grasimi 98.3
* Acizi grasi saturati 26.5
* Glucide 72.5
* Zaharuri 4.7
* Proteine 30.6
* Sare 2.5
* Fibre 5.8
* Carbohidrati 8.5

Culturi lactice, corrector acid citric, grasimi polinesaturate 9, mononesaturate 69.6.

Alergeni : 1,8, 10 si produse derivate. ( **Lista de Alergeni se gaseste la pagina 17**)

Pizza Ortolana 600 gr

Blat 270 gr, sos de rosii 100 gr, topping mozzarella 125 gr, ciuperci 30 gr, dovlecei 50 gr, rosii cherry 25 gr, masline 20 gr, ardei 15 gr, capere 0.5 gr usturoi 0.1 gr

Valoare nutritionala calculata la 100 de gr per ingredient

Kj 2793

K cal 562

Grasimi 114

Acizi grasi saturati 23.5

Glcide 72

Zaharuri 5.7

Proteine 45

Sare 3.5

Fibre 175

Carbohidrati 33 1

Culturi lactice, corrector acid citric, acid lactic, gluconate de fier, grasimi vegetale, lapte 78%, grasimi vegetale 20.6, grasimi polinesaturate 9, grasimi mononesaturate 69.6

Alergeni 1,8,10, 13 si produse derivate.

Pizza prosciutto e funghi 600 gr

Blat 270 gr, sos de rosii 100 gr, topping mozzarella 125 gr, sunca 100 gr, ciuperci 30 gr.

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 4011
* K cal 683
* Grasimi 130
* Acizi grasi saturati 31,5
* Glucide 98
* Zaharuri 6.1
* Protein 54.5
* Sare 6.1
* Carbohdrati 9.8
* Fibre 7.6

Culture lactice , corrector acid citric, lactoza, arome, grasimi vegetale 20.6, grasimi , lapte 78%, polinesaturate 9, grasimi mononesaturate 69.9, E452, E316, E250, E251, E120.

Alergeni: 1,8,9,10,12,13 si produse derivate.

Pizza Capriciosa 600gr

Blat 270gr, os de rosii 100gr, topping mozzarella 125gr, sunca 100gr, ciuperci 30gr, masline 30gr.

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 4011
* K cal 798
* Grasimi 140.7 2
* Acizi grasi nesaturati 31.5
* Glucide 98
* Zaharuri 6.1
* Protein 55.3
* Carbohidrati 16.1
* Fibre 10.8

Culturi lactice, corrector acid citric, lactoza, arome, grasimi vegetale 20.6, grasimi mononesaturate 69.9, grasimi polinesaturate 9, lapte 78%, E452, E316, E250, E251, E120.

Alergeni: 1,8,9,10,12,13.

Pizza Salamino Picante 550gr

Blat 270gr, sos de rosii 100gr, topping mozzarella 125gr, salam picant 100gr, ardei iute 01gr.

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 4795
* K cal 855
* Grasimi 139
* Acizi grasi saturati 415
* Glucide 73
* Zaharuri 6.9
* Proteine 59.3
* Sare 7.4
* Carbohidrati 6.5
* Fibre 5.3

Culture lactice, corrector acid citric, dextroza, maltodextrina, acid ascorbic, E452,E316, E575, E621, E250, E120, grasimi vegetale 20.6, grasimi mononesaturate 69.9, grasimi polinesaturate 9, lapte 78%.

Alergeni: 1,8,9,10,12,13 si produse derivate.

Pizza Deliciosa 600gr

Blat 270gr, sos de rosii 100gr, topping mozzarella 125gr, sunca 50gr, bacon 50gr,porumb 20gr, ardei capia 20gr. 3

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 6226
* K cal 1214
* Grasimi 149.5
* Acizi grasi saturati 52.3
* Glucide 94.1
* Zaharuri 10.1
* Proteine 75
* Sare 9.43
* Carbohidrati
* Fibre 6.7

culturi lactice, corector acid citric, grasimi vegetale 20.6, grasimi mononesaturate 69.6, grasimi polinesaturate 9, lapte 78%, E452, E316, E250, E251, E120, E407.

Alergeni: 1,8,9,10,12,13 si produse derivate.

Pizza Boscaiola 600gr

Blat 270, sos de rosii 100gr, topping mozzarella 125gr, carnati afumati 100rtopping mozzarella 125gr, carnati afumati 100gr, ciuperci 30gr, porumb 20gr.

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 4625
* K cal 829
* Grasimi 130
* Acizi grasi saturati 38.3
* Glucide 90.6
* Zaharuri 9.6
* Proteine 41.52
* Sare 6.53
* Carbohidrati 9.8
* Fibre 10.5

Culture lactice, corector acid citric,maltodextrina,lactoza, acid ascorbic, grasimi vegetale 20.6, grasimi mononesaturate 69.9, grasimi polinesaturate 9, lapte 78%, E316, E575, E331, E262, E621, E250, E120.

Alergeni: 1,8,9,10,12,13 si produse derivate.

Pizza Alla Matriciana 600gr 4

Blat 270, sos de rosii 100gr, topping mozzarella 125gr, bacon 100gr, ceapa 20gr, branza dura 5gr.

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 5806
* K cal 1129
* Grasimi 137.6
* Acizi grasi saturati 49
* Glocide 87.5
* Zaharuri 6.7
* Proteine 85.3
* Sare 8.23,
* Carbohidrati 5.11
* Fibre 6.30

Culturi lactice, corrector acid citric, arome, lactoza, grasimi vegetale 20.6, grasimi mononesaturate 69.9 grasimi polinesaturate 9, lapte 78%, E452, E316, E250, E251, E120,.

Alergeni: 1,8,9,10,11,12,13

Pizza Pollo 600gr,

Blat 270gr, sos de rosii 100gr, topping mozzarella 125gr, piept de pui 130gr, ardei 20gr, masline 30gr, porumb 20gr.

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 3910
* K cal 734
* Grasimi 126.2
* Acizi grasi saturati 24.3
* Glucide 45
* Zaharuri 9.2
* Proteine 62.3
* Sare 3.93
* Carbohidrati 16.8
* Fibre 13.1

Culturi lactice, corector acid citric, gluconat de fier, acid lactic, grasimi vegetale 20.6 grasimi mononesaturate 69.9, grasimi polinesaturate 9, lapte 78%. 5

Alergeni: 1,8,9,10,11,12,13 si produse derivate

Pizza Rustica 600gr

Blat 270gr, sos de rosii 100gr, topping mozzarella 125gr, carnati 70gr, bacon 30gr, ceapa 20gr, porumb 30gr

Valoare nutritionala calculata la 100 de gr per ingredient

* kj 6340
* k cal 1258
* grasimi 148.2
* acizi grasi saturati 58.3
* glucide 92.1
* zaharuri 10.1
* proteine 70
* sare 9.33
* carbohidrati 14.6
* fibre 5.6

Culturi lactice , corector acid citric, dextroza, maltodextrina, lactoza, acid ascorbic, grasimi vegetale 20.6, grasimi mononesaturate 69.9, grasimi polinesaturate 9, lapte 78%, E316, E575, E331, E262, E621, E250, E251, E120, E452.

Alegeni : 1,8,9,10,11,12,13 si produse derivate

Pizza Quatro Stagioni 600 gr

Blat 270gr, sos de rosii 100gr, topping de pizza 125gr, sunca 50gr, salam pizza 50gr, ciuperci 30gr, masline 30gr.

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 6477
* K cal 1644
* Grasimi 164.7
* Acizi grasi saturati 49.5 6
* Glucide 76.4
* Zaharuri 7.3
* Proteine 77.3
* Sare 10.7
* Carbohidrati 16.10
* Fibre 7.10

Culturi lactice, corector acid citric, arome, dextroza, maltodextrina, grasimi vegetale 20.6,Grasimi mononesaturate 69.6, grasimi polinesaturate 9, lapte 78%, E452, E301, E407, E621, E250, E120.

Alergeni: 1,8,9,10,11,12,13

Pizza Carbonara 500gr

Blat 270gr, crema de gatit 150gr, bacon 120gr, branza dura 25gr, usturoi 0.1gr.

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 5224
* K cal 638
* Grasimi 116.9
* Acizi grasi saturati 63
* Glucide 75.5
* Zaharuri 5.7
* Proteine 46.1
* Sare 3.71
* Carbohidrati 0.6
* Fibre 0.4

Culturi lactice, maltodextrina, E412, E410, E322, E452, E316, E250, E251, E120

Alergeni: 1,8,9,10,11,12,13 si produse derivate

Pizza Quatro Formagi 500gr

blat 270gr, crema de gatit 150gr, topping mozzarella 125gr, brie 10gr, branza dura 0.5gr, branza cu mucegai nobil 15gr.

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 7598 7
* K cal 1520
* Grasimi 140.9
* Acizi grasi saturati 93.10
* Glucide 75.5
* Zaharuri 6.7
* Proteine 106
* Sare 9.9
* Carbihidrati 06
* Fibre 0

Culturi lactice , culturi de mucegai nobil, maltodextrine, grasimi vegetale 20.6, grasimi mononesaturate 69.9, grasimi polinesaturate 9, lapte 78%, E412, E410, E322.

Alergeni: 1,8,9,10,11,12,13 si produse derivate

Pizza Chef 600gr

Blat 270gr, sos de rosii 100gr, mozzarella bufala 125gr, salam picant 50gr, sunca 50gr, branza cu mucegai nobil 10gr, masline 20gr, ardei 10gr

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 7636
* K cal 1317
* Grasimi 159.2
* Acizi grasi saturati 52.7
* Glucide 77.4
* Zaharuri 8.3
* Proteine 78.91
* Sare 10
* Carbohidrati 16.8
* Fibre 8.3

Culturi lactice, corector acid citric, dextroza, maltodextrina, E452, E301, E407, E621, E250, E120, E316, E575, culture de mucegai nobil, grasimi mononesaturate 69.9, grasimi polinesaturate 9.

Alergeni : 1,8,9,10,11,12,13

Pizza Prosciutto e Crudo 580gr

Blat 270gr, mozzarella bufala 125, sunca prosciutto 50gr, rosii cherry 30gr, parmesan 10gr, rucola 5gr.

Valoare nutritionala calculata la 100 de gr per ingredient 8

* Kj 4806
* Kcal 578
* Grasimi 106.6
* Acizi grasisaturati 47.5
* Glucide 75.85
* Zaharuri 6.15
* Proteine 89
* Sare 8.78
* Carbohidrati 14.8
* Fibre 7

Culturi lactie , corector acid citric, dextroza, clorura de potasiu, E250, E251, E252.

Alergeni;1,8,9,10,11,12,13 si produse derivate

Pizza Tonno Gorgonzola 600gr

Blat 270gr, sos de rosii 100 gr, topping mozzarella 125gr, ton 100gr, branza cu mucegai nobil 15gr, ceapa 10gr, porumb 20gr.

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 5048
* Kcal 943
* Grasimi 125.7
* Acizi grasisaturati 42.6
* Glucide 91
* Zaharuri 10.2
* Proteine 80.7
* Sare 8.43
* Carbohidrati 14.6
* Fibre 9.2

Culturi lactice, corector acid citric, ton 77%, culturi de mucegai nobil, grasimi vegetale 20.6, grasimi mononesaturate 69.9, polinesaturate 9, lapte 78%.

Alergeni: 1,4,6,8,9,10,12,13 si produse derivate

Pizza Tonno Cipola 600gr

Blat 270gr, sos de rosii 100gr, topping mozzarella 125gr, ton 100gr, ceapa 10gr, masline 30gr, capere 0.05.

Valoare nutritionala calculata la 100 de gr per ingredient 9

* Kj 3658
* Kcal 632
* Grasimi 126.1
* Acizi grasisaturati 23.7
* Glucide 72.5
* Zaharuri 6.2
* Proteine 61.5
* Sare 4.9
* Carbohidrati 19.5
* Fibre 12.3

Culturi lactice, corector acid citric, ton 77%, gluconat de fier, acid lactic,grasimi vegetale 20.6, grasimi mononesaturate 69.9, grasimi polinesaturate 9, lapte 78.

Alergeni: 1,4,6,8,10,11,13 si produse derivate

Pizza Speciala 600gr

Blat 270gr, sos de rosii 100gr, topping mozzarella 125gr, salam picant 25gr, sunca 25gr, bacon 25gr,carnati 25gr, ciuperci 30gr, ardei iute 0.05gr.

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 9060
* Kcal 1499
* Grasimi 188
* Acizi grasisaturati 83.5
* Glucide 78.5
* Zaharuri 8.2
* Proteine 107.5
* Sare 15.5
* Carbohidrati 14
* Fibre 11.8

Culturi lactice, corector acid citric, proteina vegetala din soya, dextroza, maltodextrina, acid ascorbic, E316,E575,E331,E262,E621,E251,E120,E452,E301,E250,E251,E407,culture sarter.

Alergeni: 1,6,8,9,10,12,13 si produse derivate

Pizza Chorizo Crudo 600gr

Blat 270gr, sos de rosii 100gr, topping mozzarella 125gr, salam picant 50gr, sunca prosciutto 50gr, rucola 10gr.

Valoare nutritionala calculata la 100 de gr per ingredient 10

* Kj 5739
* Kcal 1096
* Grasimi 147.4
* Acizi grasisaturati 47.1
* Glucide 74.4
* Zaharuri 7.1
* Proteine 85.9
* Sare 12.1
* Carbohidrati 8.2
* Fibre 14.1

Culturi lactice, corector acid citric, protein din soya, dextroza, maltodextrina, arome, acid ascorbic, E452,E316,E575,E621,E250,E251,E252,E120

Alergeni:1,6,8,9,10,12,13 si produse derivate

Pizza Napoli 600gr

Blat 270gr, sos de rosii 100gr, topping mozzarella 125gr, anchoise 50gr, masline 50gr, capere 10gr, usturoi 0.01gr.

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 4092
* Kcal 676
* Grasimi 133.6
* Acizi grasisaturati 23.5
* Glucide 72
* Zaharuri 5.7
* Proteina 36.3
* Sare 3.9
* Carbohidrati 15.7
* Fibre 10.9

Culturi lactice,coretor acid citric, gluconat de fier, grasimi vegetale 20.6, grasimi mononesaturate 69.9, grasimi polinesaturate 9, lapte 78%

Alergeni: 1,4,6,8,10,13 si produse derivate

Pizza Artigianale 600gr

Blat 270gr, sos de rosii 00gr, topping mozzarella 125gr, branza cu mucegai nobil 25gr, ciuperci 20gr, sunca prosciutto 50gr, rucola 0.5, rosii cherry 20gr, nuca 0.5gr, branza dura 0.5gr.

Valoare nutritionala calculata la 100 de gr per ingredient 11

* Kj 9142
* Kcal 1645
* Grasimi 135
* Acizi grasisaturati 61.9
* Glucide 72.5
* Zaharuri 6.9
* Proteine 98.4
* Sare 11.6
* Carbohidrati 27.2
* Fibre 24.3

Culturi lactice, corector acid citric, dextroza, clorura de potasiu, grasimi vegetale 20.6, grasimi mononesaturate 69.9, graisimi polinesaturate 9, lapte 78%,E251,E252

Alergeni: 1,6,8,9,10,11,12,13 si produse derivate

Pizza Salmone 600gr

Blat 270gr, sos de rosii 100gr, topping mozzarella 125gr, somon afumat 100gr, rosii cherry 50gr, lamiae 15gr

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 3634
* Kcal 611
* Grasimi 127.6
* Acizi grasisaturati 24.4
* Glucide 72
* Zaharuri 5.7
* Proteine 58.5
* Sare 4.1
* Carbohidrati 8.5
* Fibre 7.8

Culturi lactice, corrector acid citric,grasimi vegetale 20.6, grasimi mononeaturat 69.9, grasimi polinesaturate 9, lapte 78%

Alergeni: 1,4,6,8,10,13 si produse derivate

Pizza Pescadore 600gr

Blat 270gr, sos de rosii 100gr, topping mozzarella 125gr, somon fume 30gr, fruct de mare 70, rosii cherry 30gr

Valoare nutritionala calculata la 100 de gr per ingredient 12

* Kj 3853
* Kcal 655
* Grasimi 129.2
* Acizi grasisaturati 24.4
* Glucide 72
* Zaharuri 5.7
* Proteine 70.5
* Carohidrati 10.2
* Fibre 5.8

Culturi lactice, corrector acid citric, grasimi vegetale 20.6, grasimi mononesaturate 69.9, grasimi polinesaturate 9, lapte 78%

Alergeni: 1,2,3,4,6,8,10,13 si produse derivate

Pizza Margherita 500gr

Blat 270gr, sos de rosii 100gr, topping mozzarella 200gr,

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 2793
* K cal 361
* Grasimi 114
* Acizi grasi saturati 23.5
* Glucide 72
* Zaharuri 5.7
* Proteine 36.3
* Sare 3.4
* Carbohidrati 4.5
* Fibre 4.5

Culture lactice, corector acid citric, grasimi vegetale 20.6, grasimi mononesaturate 69.9, grasimin polinesaturate 9, lapte 78%.

Alergeni 1,8,9,10,13. si produse derivate

Pizza Carnivora 600gr 13

Blat 270gr, sos de rosii 100gr, topping mozzarella 125gr, salam pizza 25gr, sunca 50gr, bacon 25gr, carnati 30gr.

Valoare nutritionala calculata la 100 de gr per ingredient

* kj 9043
* k cal 1872
* grasimi 187
* acizi grasi saturati 83.5
* glucide 78.5
* zaharuri 8.2
* proteine 104.3
* sare 15.6
* carbohidrati 4.5
* fibre 7.1

Culturi lactice, corrector acid citric, dextroza, maltodixtrina, acid ascorbic, E316, E575, E331, E262, E621, E251, E120, E452, E301, E250, E407.

Alergeni: 1,8,9,10,11,12,13 si produse derivate.

Pizza Hawaiana 600gr

Blat270gr, sos de rosii100gr, topping mozzarella 125gr,sunca 100gr, ananas 100gr.

Valoare nutritionala calculata la 100 de gr per ingredient

* kj 4212
* k cal 706
* grasimi 130
* acizi grasi saturati 31.5
* glucide 74.6
* zaharuri 15.95
* proteine 52.70
* sare 7.1
* carbohidrati 16.5
* fibre 6.8

culturi lactice, corrector acid citric, dextroza, maltodixtrina, E452, E301, E407, E621, E250, E120.

Alergeni: 1,8,10 si produse derivate.

Pizza Desert 500gr 14

Blat 270gr, crema de ciocolata,100gr, mere 70gr, banana 100gr.

Valoare nutritionala calculata la 100 de gr per ingredient

* kj 4328
* k cal 740.8
* grasimi 36.5
* acizi grasi saturati 0.5
* glucide 108.9
* zaharuri 49.1
* proteine 14.7
* sare 0.5
* carbohidrati 55
* fibre 2.6

Proteine din lapte, gluten, urme de alune si soia,

Alergeni: 1,6,7,8,10,13 si produse derivate

Focaccia ala Romana 200gr

Blat 270gr, sare 0.01, rozmarin 0.01

Valoare nutritionala calculata la 100 de gr per ingredient

* kj 1429
* k cal 34.8
* grasimi 1
* acizi grasi 0.5
* glucide 71
* zaharuri 0.2
* proteine 9.8
* sare 0.5

Gluten , grasimi mononesaturate 69.6, grasimi polinesaturate 9

Alegeni: 1 si produse derivate.

Focaccia cu branza dura 220gr

Blat 270gr, branza dura 30gr

Valoare nutritionala calculata la 100 de gr per ingredient 15

* kj 2727
* k cal 346.2
* grasimi 6.5
* acizi 15.2
* glucide 71.5
* zaharuri 0.7
* proteine 41.6
* sare 2.03
* carbohidrati 0.6

Gluten, grasimi mononesaturate 69.9, grasimi polinesaturate 9

Alergeni: 1,9,10 si produse derivate.

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Alergeni Alimentari si derivate

1. Gluten
2. Crustacee
3. Moluste
4. Peste
5. Alune
6. Lupini
7. Alune de Padure
8. Soia
9. Oua
10. Lapte
11. Telina
12. Mustar
13. Susan
14. Dioxid de Sulf

17

Paste

Spagette Carbonara 400gr

Spaghette 100gr, bacon 70gr, crema gatit 150gr, ou, 20gr, branza dura 10gr

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 5952
* K cal 1590
* Grasimi 47.4
* Acizi grasi saturati 50.4
* Carbohidrati 76.2
* Zaharuri 9.4
* Glucide 4.5
* Proteine 79.8
* Sare 4.91
* Fibre 0.4

Proteine soia , arome, zaharuri, lactoza, E452, E301, E250, E251, E120.

Alergeni : 1,8,9,10,12,13 si produse derivate

Spaghette Milaneze 400gr

Spaghetti 100gr, sos de rosii 150gr, sunca 70gr, ciuperci 30gr, usturoi 0.01, branza dura 10gr.

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 4143
* K cal 1016
* Grasimi 22.5
* Acizi grasi saturati 22.6
* Glucide 3.1
* Zaharuri 9.3
* Carbohidrati 82.4
* Proteine 64.5
* Fibre 20.6
* Sare 5.13
* Corrector acid citric, proteina de soia, dextroza, maltodextrina, E452, E301, E407, E621, E250, E120.
* Alergeni: 1,8,9,10,13 18

Spaghetti Primavera 400gr

Spaghetti 100gr, dovlecei 20gr, ceapa 10gr, ardei 10gr, masline10gr, ciuperci 30gr, sos de rosii 150gr, usturoi 0.01.

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 2108
* K cal 606
* Grasimi 12.2
* Acizi grasi saturati 0.9
* Carbohidrati 101.4
* Glucide 0
* Zaharuri 8.4
* Proteine 20.4
* Sare 0.91
* Fibre 14.4

Alergeni: 1,8,9,10,11 si produse derivate.

Spaghtte cu fructe de mare 400gr

Spaghetti 100gr, fructe de mare 150gr, sos de rosii 150gr, rosii cherry 130gr, vin alb 0.01ml, patrunjel 0.01, usturoi 0.01.

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 1846
* K cal 476
* Grasimi 0.9
* Acizi grasi saturati 0.9
* Carbohidrati 82
* Zaharuri 8.4
* Proteine 28.8
* Sare 0.41
* Fibre 5.8

Alergeni :1,2,3,4,8,9,10,11.

Penne Arabiata 400gr

Penne 100gr, sos de rosii 150gr, rosii cherry 100gr, ardei iute 10gr, patrunjel 0.01, usturoi 0.01.

Valoare nutritionala calculata la 100 de gr per ingredient 19

* Kj 1627
* K cal 413
* Grasimi 1
* Acizi grasi saturati 0.9
* Carbohidrati 82.5
* Zaharuri 8.4
* Proteine 15.8
* Sare 0.41
* Fibre 1.3

Alergeni: 1,8,9,10,11.

Penne ala Matriciana 400gr

Penne 100gr, sos d rosii 150gr, bacon 70gr, ceapa 10gr, branza dura 10gr, ardei iute 0.01.

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 4640
* K cal 1147
* Grasimi 245
* Acizi grasi saturati 35.6
* Carbihidrati 89.2
* Glucide 2
* Zaharuri 9.4
* Proteine 63.2
* Sare 5.2
* Fibre 6.3

Lactoza, E452, E52, E316, E250, E251, E120.

Alergeni: 1,8,9,10,11,13 si produse derivate.

Penne Quatro Formagi 400gr

Penne 100gr, crema pentru gatit 150gr, brie, 10gr, branza cu mucegai nobil 30gr, topping mozzarella 30gr, branza dura 10gr.

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 7796 20
* K cal 1841
* Grasimi 4.09
* Acizi grasi saturati 80.5
* Carbohidrati 72.2
* Glucide 4.5
* Proteine 109.2
* Fibre 0

Maltodextrina, E412, E410, E322.

Alergeni : 1,8,9,10,13 si produse derivate

Penne Sicileine al Forno 400gr

Penne 100gr, sos de rosii 100gr, crema de gatit 50gr, piept de pui 80gr, bacon 20gr, ardei 10gr, ceapa 0.5, ciuperci 20gr, patrunjel 0.1gr, topping mozzarella 20gr.

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 5986
* K cal 1496
* Grasimi 42.6
* Acizi grasi saturati 45.7
* Carbohidrati 97.9
* Glucide 4
* Zaharuri 14.4
* Proteine 83.8
* Sare 4.6
* Fibre 10.2

Lactoza, maltodextrina, E452, E316, E250, E251, E120, E412, E410, E322.

Alergeni:1,8,910,11,12,13 si produse derivate.

Penne Pollo Gorgonzola 400gr

Penne 100gr, crema pentru gatit 150gr, piept de pui 100gr, ciuperci 50gr, branza cu mucegai nobil 30gr, branza dura 10gr.

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 5576
* K cal 1328
* Grasimi 20.5 21
* Acizi grasi saturati 48.5
* Carbohidrati 72.6
* Glucide 3.5
* Zaharuri 9.4
* Proteine 90.6
* Sare 5.59
* Fibre 2.2

Culturi lactice, culture e mucegai nobil, maltodextrina, E412, E410, E322.

Alergeni: 1,8,9,10,12,13si produse derivate.

Penne al Salmone 400gr

Penne 100gr, crema de gatit 50gr, sos de rosii 100gr, somon fume 100gr, ceapa 30gr, patrunjel 0.1gr vin alb 0.1ml.

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 3250
* K cal 815
* Grasimi 16.2
* Acizi grasi saturati 16.6
* Carbohidrati 86.6
* Glucide 2.5
* Zaharuri 12.9
* Proteine 38.3
* Sare 102
* Fibre 5.9

Maltodextrina, E412, E410, E322.

Alergeni: 1,4,8,9,10,12,13 si produse derivate.

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Meniuri CHEF

Meniu Buger CHEF 500gr

Chifla 80gr, porc150gr, vita 50gr, cedar 20gr, rosii 20gr, castraveti 20gr, ceapa 10gr, aredei 10gr, ketchup 20gr, sos maioneza20gr, cartofi prajiti 200gr.

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 5834
* K cal 1892
* Grasimi 85.6
* Acizi grasi saturati 27
* Glucide 41.7
* Zaharuri 11.6
* Proteine 85.8
* Sare 3
* Carbohidrati 39.71
* Fibre 4.7

Dextroza, maltodextrina, E415, E211, E202, acid citric, E385, E481, E262, lactoza

Alergeni : 1,6,8,9,10,11,12,13 si produse derivate

Meniu Aripioare Crocante 500gr

Aripioare de pui 250gr, cartofi prajiti 200gr, 50gr sos maioneza cu usturoi.

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 3821
* K cal 837
* Grasimi 64.1
* Acizi grasi saturati 1
* Zaharuri 7.1
* Proteine 47.9
* Sare 2
* Carbohidrati 79.2
* Fibre 2

E415, E211, E202, E385 23

Alergeni: 1,6,8,9,10,13 si produse derivate.

Meniu crispy chicken 500gr

Piept de pui 200gr, cartofi prajiti 250gr, sos maineza cu usturoi 50gr.

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 3631
* K cal 861
* Grasimi 27.6
* Carbohidrati 79.2
* Zaharuri 8.1
* Proteine 42.2
* Fibre 2

E415, E211, E202, E385

Alergeni: 1,6,8,9,10,12,13 si produse derivate.

Maniu Gyros de pui 500gr

Piept de pui 200gr, rosii 50gr, castraveti 30gr, ardei 0.5gr, ceapa 0.5gr, salata verde 10gr, maioneza 50gr, sos de rosii 80gr, lipie ½

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 3913
* K cal 821
* Grasimi 28.9
* Carbihidrati 35
* Zaharuri 5.7
* Proteine 39.9
* Fibre 12.8

E415, E211, E202, E385.

Alergeni: 1,6,8,9,10,12,13 si produse derivate.

Ciorba de legume 350ml

Morcovi 20gr, cepa 10gr, aredei 10gr, cartofi 30gr, mazare 5gr, fasole verde 5gr, rosii in bullion 70gr, leustean 0.1gr.

Valoare nutritionala calculata la 100 de gr per ingredient 24

* Kj 1223
* K cal 359.8
* Grasimi 1.5
* Zaharuri 4.5
* Peoteine 13.18
* Sare 1.5
* Fibre 10
* Carbohidrati 45.8

Alergeni: 1,6,8,11,13 si produe derivate

Ciorba de vita 350ml

vita 70gr, morcovi 20gr, cepa 10gr, aredei 10gr, cartofi 30gr, mazare 5gr, fasole verde 5gr, rosii in bullion 70gr, leustean 0.1gr

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 2156
* K cal 582.8
* Grasimi 12.9
* Zaharuri 4.5
* Proteine 43.9
* Sare 1.5
* Fibre 10
* Carbohidrati 45.8
* Alergeni: 1,6,8,9,11,13 si produse derivate

Ciorba de pui 350ml

Piept de pui 70 de gr, morcovi 20gr, ceapa 10gr, ardei 10gr, cartofo 20gr, taitei 0.5gr, rosii in bullion 70gr, leustean 0.1gr, ou 0.1gr

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 2999
* K cal 750.8
* Grasimi 6.4
* Zaharuri 4.5
* Peoteine 18.98
* Sare 1.5
* Fibre 10 25
* Carbohidrati 45.8

Alergeni:1,6,8,9,11,13 si produse derivate.

Tigaie picanta de porc 400gr

Cotlet de porc 200gr, ardei 70gr, ceapa 50gr, rosii in bullion 150gr, sweet chili 250gr, patrunjel 0.1

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 768
* K cal 251
* Grasimi 7.6
* Zaharuri 4.5
* Proteine 25
* Sare 1
* Carbohidrati 20.6
* Fibre 8

Alrgeni : 1,6,8,9,13 si prouse derivate

Pomana porcului cu mamaliga 500gr

Ceafa de porc 300gr, usturoi,50gr, malai 100gr.

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 3097
* K cal 740
* Grasimi 16.5
* Proteine 39.1
* Sare 0.1
* Carbohidrati 110.7
* Fibre 2

Alergeni : 1,6,8,9,13 si produse derivate

Tochitura de porc 500gr

Ceafa de porc 150gr, bacon 50gr, carnati 50gr, sos de rosii 150gr, usturoi 50gr, malai 100gr

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 6263
* K cal 1505 26
* Grasimi 49.7
* Acizi grasi saturati 34
* Glucide 2.1
* Zaharuri 5.4
* Proteine 70.6
* Sare 5.81
* Carbohidrti 115.2
* Fibre 7.4

Dextroza, maltodextrina, lactoza, acid ascorbic, E316, E575, E331, E262, E261, E251, E120, E452, E250.

Alergeni :1,6,8,9,10,11,12,13 si produse derivate.

Ceafa de porc la gratar 150gr

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 943
* K cal 225
* Grasimi 14.3
* Proteine 24.2
* Sare 0.1

Cotlet de porc la gratar 150gr

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 649
* K cal 155
* Grasimi 7
* Proteine 21
* Sare 0.1

Cotlet de porc haiducesc 350gr

Cotlet de porc 150gr, bacon 30gr, ceapa 10gr, ardei 10gr, ciuperci 10gr, sos de rosii 150gr, usturoi 0.5, patrunjel 0.1gr

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 3106
* K cal 843
* Proteine 49.6
* Grasimi 26.1 27
* Grasimi saturate 20
* Glucide 1.5
* Zaharuri 5
* sare 3.2
* Carbohidrati 25.9
* Fibre 10.6

Lactoza, E452, E316, E250, E251, E120.

Alergeni: 1,6,8,9,10,11,12,13 si produse derivate

Tigaie picante de pui 400gr

Piept de pui 200gr, ceapa 50gr, ardei 70, sos de rosii 150, sweet chili 150gr, patrunjel 0.1gr,

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 736
* K cal 210
* Grasimi 4.7
* Zaharuri 4.5
* Proteine 24.6
* Sare 1
* Carbohidrati 20.6
* Fibre 8
* Alergeni: 1,6,8,10,11,12,13 si produse derivate.

Piept de pui cu legume 400gr

Piept de pui 200gr, ceapa 50gr, ardei 50gr, morcovi 50,gr, sos de soia 30, sweet chili 30gr, ghimbir0.1gr, curry 0.1 gr

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 800
* K cal 225.8
* Grasimi 3
* Proteine 2
* Sare 1
* Carbohidrati 25.7
* Fibre 3.5

Alergeni :1,6,8,11,12,13 si produse derivate.

Snitel de pui 150gr 28

Piept de pui 130gr, faina 0.5gr, ou 20gr, pezmet 50gr

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 4126
* K cal 645.8
* Grasimi 15.6
* Zaharui 6.4
* Proteine 54.2
* Sare 0.2
* Carbohidrati 74.4
* Fibre 4.5
* Glucie 71
* Acizi grasi saturati 0.5

Alergeni :1,9,10,13 si produe derivate

Involtini de pui cu sos gorgonzola 300gr

Piept de pui 150gr, sunca 30gr, topping mozzarella 30gr, branza cu mucegai nobil 30gr, crema pentru gatit 100gr.

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj5233
* K cal 1227
* Graimi 52.2
* Acizi grasi saturati 50.9
* Zaharuri 6.4
* Proteine 84.6
* Sare 7
* Fibre 0.9
* Glucide 6.6

Culture lactice, maltodextrina, E412, E410, E322

Alergeni:1,6,8,10,13 si produse derivate

Piept de pui la gratar 150gr

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 617
* K cal 114
* Proteine 21.2 29
* Grasimi 2.6

Vita cu legume 400gr

Vita 300gr, morcov 100gr, ceapa 70gr, ardei 70gr sweet chili 50gr, sos de soia 30gr.

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 1116
* K cal 334.8
* Grasimi 11.8
* Proteine 32.9
* Sare 0.7
* Carbohidrati 21.8
* Fibre 3.5

Alergeni: 1,8,11,13 si produse derivate

Pastrav la gratar 200gr

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 549
* K cal 131.2
* Grasimi 4.4
* Proteine 22.9

Alergeni 4 si produse derivate.

Mamaliga 250gr

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 1531
* K cal 36.6
* Grasimi 1.7
* Carbohidrati 77.7
* Proteine 8.5

Alergeni :1,6 si produse derivate

Piure de cartofi 250gr

Cartofi 300gr, lapte 50gr, unt 20gr.

Valoare nutritionala calculata la 100 de gr per ingredient 30

* Kj 2990
* K cal 720.5
* Grasimi 21.6
* Carbihidrati 23.7
* Proteine 5.9
* Grasimi saturate 4.5
* Fibre 2.2

Alergeni :1,10 si produse derivate

Cartofi prajiti 250gr

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 289
* K cal 69
* Proteine 1.6
* Carbohidrati 15.71
* Grasimi 0.1
* Alergeni:1,8 si produse derivate

Orez cu legume 250gr

Orez 70gr, morcov 20gr, ceapa 10gr ardei 10gr

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 727
* K cal 241.8
* Proteine 5.5
* Carbohidrati 53.9
* Grasimi 0.7
* Fibre 3.5

Alergeni : 1,6 si produse derivate

Salata Bulgareasca 400gr

Salata iceberg 150gr, masline 30gr sunca 50gr, telemea 30gr, rosii 40gr, castraveti 40gr, ardei 20gr,ou 50gr.

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 3509
* K cal 999 31
* Proteine 48.7
* Carbohidrati 20.3
* Fibre 6.9
* Grasimi 33.2
* Grasimi saturate 23.4
* Zaharuri 0.4
* Glucide 2.6
* Sare 1.1

E452, E301, E250, E251, E120

Alergeni : 1,6,8,9,10,11,13 si produse derivate

Salata Greceasca 400gr

Salata iceberg 150gr, masline 30, branza feta 50gr, rosii 70gr, castraveti 50gr, ceapa 10gr, ardei 40gr.

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 1642
* K cal 592
* Proteine 20.6
* Carbohidrati 29.3
* Fibre 8.7
* Grasimi 17.3
* Grasimi saturate 15.4’
* Zaharuri 0.7
* Sare 1.1

Alergeni : 1,6,8,10,13 si produse derivate

32

Salata de ton 400gr

Salata iceberg 150gr, ton 100gr, prumb 30gr, ceapa 0.5, masline 20, rosii 50gr, castraveti 20gr, ardei 20gr, lamaie 10gr

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 1434
* K cal 569.4
* Proteine 30.7
* Carbohidrati 28.6
* Fibre 14.7
* Grasimi 12.9
* Grasimi saturate 1
* Zaharuri 4
* Glucide 18.5
* Sare 2.03

Alergeni: 1,4,6,8,11,13 si produse derivate

Salata Cezar 400gr

Salata iceberg 150gr, piept de pi 100, crutoane 50gr, branza dura 20gr, lamiae 10gr, maioneza 50gr, smantana 30gr, anchoise 0.2gr.

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 4408
* K cal 720
* Grasimi 20.6
* Aacizi grasi 22.5
* Zaharuri 3.4
* Proteine 67.4
* Carbohidrati 8.8
* Fibre 2.8
* Sare 2.03
* Glucide 9.8

E415, E211, E202, acid citric, E385.

Alergeni :1,4,6,8,9,10,12,13 si rpoduse derivate

33

Clatite cu crema de ciocolata 2buc

Valoare nutritionala calculata la 100 de gr per ingredient

* Kj 2301
* K cal 550
* Grasimi 35
* Carbohidrati 55
* Proteine 3
* Zaharuri 48.9

Alergeni: 1,5,7,9,10 si produse derivate

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